

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:45	Sala 2		Tono Virtual		Tono Virtual			
08:00 - 08:45	Sala 2			Tono Virtual		Tono Virtual		
08:15 - 09:10	Sala 2	Body Pump						
09:30 - 10:15	Sala 2			Body Pump				
09:30 - 10:25	Sala 2			Gim Suau		Pilates		
10:00 - 10:55	Sala 2							Tono Virtual
10:30 - 11:25	Sala 2						Tono Virtual	
13:45 - 14:30	Sala 2	Cross Training		Cross Training				Tono Virtual
14:00 - 14:45	Sala 2					Body Pump		
14:15 - 14:45	Sala 2		Exprés GAC					
15:15 - 16:15	Sala 2	Step Virtual		Tono Virtual	Pilates			
18:00 - 18:30	Sala 2				Exprés Hit			
					Hitt			
18:30 - 19:25	Sala 2			Body Pump				
19:00 - 19:45	Sala 2					Tono Virtual		
19:00 - 19:55	Sala 2		Zumba					
19:30 - 20:15	Sala 2	Body Pump						
19:30 - 20:25	Sala 2				Tonificació			
20:00 - 20:45	Sala 2		Cross Training					
20:35 - 21:20	Sala 2				Cross Training			